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Institute of Teaching and Research in Ayurveda

Ph.D. Entrance Examination - 2025

(3rd May 2025)

Paper - II

Subject

Ayurveda Samhita Evam Siddhanta



For admission in
Ayurvedyavaridhi (Ph.D.-Ayurveda)

Conducted by:
Institute of Teaching and Research in Ayurveda
Jamnagar - 361008
Gujarat, India

Note:

1. Candidates are instructed to **NOT TO OPEN** the question booklet till said to do so.
2. Candidates are advised to read the instructions provided at last page of this question booklet carefully, before answering the questions.

1. According to *Tristraishniya Adhyaya* of Charaka Samhita, which of following are the three types of *Roga*?
(A) *Drishtapacharaja-Purvaparadhaja - Ubhayaja* (B) *Nija-Agantuja-Manasa*
(C) *Doshaja-Karmaja-Doshakarmaja* (D) *Vataja - Pittaja - Shleshmaja*
2. न हिसमं किञ्चिदन्यदेहवृहत्त्वकृत्।
(A) क्षीर (B) व्यायाम
(C) आहार (D) मांस
3. According to Sushruta Samhita, how many are the types of *Agantuja Roga*?
(A) Nosuch types (B) Innumerable
(C) 02 (D) 04
4. Who is the author of *Tatvachandrika* (तत्त्वचन्द्रिका) commentary of Charaka Samhita?
(A) Jyotishchandra Saraswati (B) Ishwar Sen
(C) Swamikumar (D) Shivdas Sen
5. How many types of *Avidya* (अविद्या) are described by Vaisheshika Darshana?
(A) 04 (B) 03
(C) 02 (D) No any types
6. Which of following property of *Vata* has been defined as *Chalatva* (चलत्व) by Chakrapani while commenting on Sutrasthana 12th *Adhyaya*?
(A) *Laghu* (लघु) (B) *Vishada* (विशद)
(C) *Daruna* (दारुण) (D) *Khara* (खर)
7. Which of the following branch of Ayurveda is **NOT** described in *Uttaratantra* of Sushruta Samhita?
(A) *Kaumarabhritya* (B) *Kayachikitsa*
(C) *Bhutavidya* (D) *Rasayana Tantra*
8. Sarvangasundara commentary of Arunadatta considered *Bhashanam Samibhuktasya* (भाषणं सामिभुक्तस्य) as which of following?
(A) *Atiyoga of Vachika Karma* (B) *Mithyayoga of Vachika Karma*
(C) *Atiyoga of Kayika Karma* (D) *Mithyayoga of Kayika Karma*
9. Which *Darshana* has proposed *Bhuta Chaitanya Vada* (भूत चैतन्य वाद)?
(A) *Bauddha* (B) *Jaina*
(C) *Charvaka* (D) *Vaisheshika*
10. As per Charaka Samhita, *Guptiratmanah* (गुप्तिरात्मनः) has been mentioned as one of the preventive measures of?
(A) *Sanyasa* (B) *Abhishangaja Jwara*
(C) *Janapadodhvamsa* (D) *Agantuja Unmada*
11. Considering the *Upachaya-Prakopa-Upashama* (उपचय -प्रकोप -उपशम) of *Dosha*, which are the months of *Sharada Ritu* according to Sushruta Samhita?
(A) *Kartika-Margashirsha* (B) *Ashvina-Kartika*
(C) *Margashirsha-Pausha* (D) *Bhadrapada-Ashvina*

12. According to Ayurveda Rasayan commentary of Ashtanga Hridaya, which *Sneha* is to be used for *Snehana* in emergency condition?
(A) *Ghrita* (B) *Taila*
(C) *Vasa* (D) *Majja*
13. *Dridhatvam* (दृढत्वम्) is the function of which of the *Dhatu* according to Sushruta Samhita?
(A) *Asthi* (B) *Mamsa*
(C) *Meda* (D) *Shukra*
14. Match the property and its definition according to Ayurveda Rasayan commentary of Ashtanga Hridaya.
- | A | B |
|---------------|------------------------------|
| 1. श्रुक्ष्णः | a. द्रव्यस्य संवरणे शक्तिः |
| 2. सान्द्रः | b. द्रव्यस्य प्रेरणे शक्तिः |
| 3. स्थूल | c. द्रव्यस्य रोपणे शक्तिः |
| 4. विशद | d. द्रव्यस्य प्रसादने शक्तिः |
| 5. चल | e. द्रव्यस्य क्षालने शक्तिः |
| | f. द्रव्यस्य शोधने शक्तिः |
- (A) 1-a, 2-b, 3-e, 4-f, 5-c (B) 1-c, 2-d, 3-a, 4-e, 5-b
(C) 1-e, 2-c, 3-f, 4-d, 5-a (D) 1-f, 2-a, 3-e, 4-b, 5-d
15. Which *Darshana* has described three types of *Satta* (सत्ता) viz. *Pratibhasika* (प्रातिभासिक), *Vyavaharika* (व्यवहारिक) and *Parmarthika* (पारमार्थिक)?
(A) *Yoga Darshana* (B) *Mimamsa Darshana*
(C) *Nyaya Darshana* (D) *Vedanta Darshana*
16. Which are the types of *Kilasa* (किलास) according to *Ashtodariya Adhyaya* of Charaka Samhita ?
(A) *Rakta-Tamra-Shukla* (B) *Doshaja-Karmaja-Krimija*
(C) *Uttana-Gambhira-Madhyama* (D) *Pittaja-Pittashleshmaja-Tridoshaja*
17. According to Charaka Samhita, बलाभिवृद्धिमुपजनयति has been said in context to which of following ?
(A) उष्णमश्रियात (B) स्निग्धमश्रियात
(C) मात्रावदश्रियात (D) जीर्णेऽश्रियात
18. *Naikarupa Ruja* (नैकरूपा रुजा) is the symptom of which of following according to Ashtanga Hridaya?
(A) *Mamsastha Shalya* (मांसस्थ शल्य) (B) *Snayuga Shalya* (स्नायुग शल्य)
(C) *Asthitha Shalya* (अस्थिस्थ शल्य) (D) *Sirasthita Shalya* (सिरास्थित शल्य)
19. *Asamyoga* (असंयोग), *Vailakshanyam* (वैलक्षण्यम्) and *Anekata* (अनेकता) are related with which of following as per Charaka Samhita?
(A) *Pruthakatva* (पृथक्त्व) (B) *Vibhaga* (विभाग)
(C) *Vishesha* (विशेष) (D) *Parimana* (परिमाण)

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20. Which *Upakrama* (उपक्रम) is said as common for all types of *Shopha* (शोफ) and best one according to Sushruta Samhita?
- (A) *Vimlapana* (विम्लापन) (B) *Alepa* (आलेप)
(C) *Avasechana* (अवसेचन) (D) *Patana* (पाटन)
21. How many types of *Vranasrava* (व्रणस्राव) have been described in Charaka Samhita?
- (A) 06 (B) 08
(C) 12 (D) 14
22. According to Ashtanga Hridaya, what is the length of *Uttarabasti Netra* for female?
- (A) 16 *Angula* (B) 12 *Angula*
(C) 10 *Angula* (D) 6 *Angula*
23. What is the name of commentary on Sushruta Samhita authored by Gayadasa?
- (A) *Sushrutartha Sandipana* (B) *Nyayachandrika*
(C) *Tippana* (D) *Panjika*
24. Which of following is **NOT** mentioned as *Dushtihetu* of *Shonita* in *Vidhishonitiya Adhyaya* of Charaka Samhita?
- (A) *Upaklinna Bhakshana* (B) *Bhukta Diva Praswapanam*
(उपक्लिन्न भक्षण) (भुक्त्वा दिवा प्रस्वपनम्)
(C) *Atyadana* (अत्यादान) (D) *Vishamashana* (विषमाशन)
25. *Vidyuta Ashanikruta Vyadhi* (विद्युतअशनिकृत व्याधि) is included in which of following group of *Vyadhi* as per Sushruta Samhita?
- (A) *Sanghatabala Pravrutta* (B) *Kalabala Pravrutta*
(C) *Daivabala Pravrutta* (D) *Doshabala Pravrutta*
26. According to Charaka Samhita, which of following is said *Agrya* for manifestation of diseases (व्याधिकरणम्)?
- (A) *Mithyayoga* (मिथ्यायोग) (B) *Ayathabalamarambha* (अयथाबलमारम्भ)
(C) *Vishada* (विषाद) (D) *Pramitashana* (प्रमिताशन)
27. Which is considered as the best among all *Shashtra* (शास्त्र) and *Anushastra* (अनुशास्त्र) by Ashtanga Hridaya?
- (A) *Kshara* (क्षार) (B) *Jalauka* (जलौका)
(C) *Hasta* (हस्त) (D) *Nakha* (नख)
28. प्रयोगज्ञानविज्ञानसिद्धिसिद्धाः सुखप्रदाः - is the characteristic feature of which of following according to Charaka Samhita?
- (A) *Chhadmachara Bhishak* (B) *Siddhasadhita Bhishaka* (सिद्धसाधित भिषक)
(छद्मचर भिषक)
(C) *Rogabhisara Bhishaka* (D) *Jivitabhisara Bhishaka* (जिविताभिसर भिषक)
(रोगाभिसर भिषक)
29. According to Sushruta Samhita, which of following is one of the eight Mahagada that is difficult to treat by its nature?
- (A) *Jwara* (B) *Raktapitta*
(C) *Kushtha* (D) *Grahani*

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30. भवेदिदमौषधमस्मिन् व्याधौ यौगिकमथवा नेति is the example of which among the following?
- (A) *Anruta Shabda* (अनृत शब्द) (B) *Samshaya* (संशय)
 (C) *Vak Chhala* (वाक् छल) (D) *Savyabhichara* (सव्यभिचार)
31. In context to symptoms of *Sampakva Gulma* (संपक्व गुल्म), what is the meaning of word *Stabdha* (स्तब्ध) according to Chakrapani ?
- (A) *Bahyatah Unnata* (बाह्यतः उन्नत) (B) *Samatvena Unnata* (समतवेन उन्नत)
 (C) *Vartula* (वर्तुल) (D) *Manda Vedana* (मन्द वेदना)
32. According to Charaka Samhita, which quality of *Shleshma* (श्लेष्मा) causes 'Avadata *Gatrata*' (अवदात गात्रता) symptom in *Shlesma Prakriti* person?
- (A) *Mrudu* (मृदु) (B) *Vijjala* (विज्जल)
 (C) *Achchha* (अच्छ) (D) *Sheeta* (शीत)
33. Which of following is *Dirghayu Lakshana* (दीर्घायु लक्षण) according to Sushruta Samhita ?
- (A) *Sumahat Mehanam* (सुमहत् मेहन) (B) *Sankirna Snanantaram* (संकीर्ण स्नानान्तरम्)
 (C) *Hrusva Parva* (ह्रस्व पर्व) (D) *Hrusva Jangha* (ह्रस्व जङ्घा)
34. Which is the correct definition of *Upalambha* (उपालम्भ) ?
- (A) प्रकृतहेतौ वाच्ये यद्विकृतहेतुमाह (B) हेतोर्दोषवचनम्
 (C) य इष्टानिष्टाभ्युपगमः (D) यद्वाक्यं वाक्यदोषयुक्तम्
35. *Atishlakshanatamangasya* (अतिश्लक्ष्णतामङ्गस्य) is the symptom of vitiation of which *Srotasa* according to Charaka Samhita?
- (A) *Udakavaha* (उदकवह) (B) *Rasavaha* (रसवह)
 (C) *Medovaha* (मेदोवह) (D) *Swedavaha* (स्वेदवह)
36. According to Chakrapani, what is the *Abhidheya* (अभिधेय) of Charaka Samhita ?
- (A) *Hitahitarupa Ayu* (हिताहितरूप आयु) (B) *Swasthaatura Chikitsa* (स्वस्थातुर चिकित्सा)
 (C) *Hetulingaushadha Rupa Triskandha* (हेतुलिङ्गौषध रूप त्रिस्कन्ध)
 (D) *Dhatuamy* (धातुसाम्य)
37. According to Hemadri Commentary of Ashtanga Hridaya, which symptom gets manifested when increased *Dosha* enters in the place of other *Dosha*?
- (A) लिङ्गानां दर्शनम् स्वेषाम् (B) विपरितगुणेच्छा
 (C) अस्वास्थ्यम् (D) रोग संभवम्
38. Which of following is related to *Rajas* (रजस्) according to Samkhyakarika (सांख्यकारिका)?
- (A) *Prakashaka* (प्रकाशक) (B) *Upashtambhaka* (उपष्टम्भक)
 (C) *Avaraka* (आवरक) (D) *Moodhatvakaraka* (मूढत्वकारक)

39. What is the *Param Nivruttikala* (परम निवृत्तिकाल) of *Snehabasti* (स्नेहबस्ति) according to *Ashtanga Hridaya* ?
(A) 1 Yama (B) 2 Yama
(C) 3 Yama (D) 5 Yama
40. वक्त्रे मधुरता तन्द्रा हृदयोद्वेष्टनं भ्रमः न चान्नमभिकाङ्क्षेत.....is definition of which one according to *Sushruta Samhita*?
(A) *Utklesha* (उत्क्लेश) (B) *Hrullasa* (ह्रल्लास)
(C) *Ajirna* (अजीर्ण) (D) *Glani* (ग्लानि)
41. Chakrapani had defined which *Tantrayukti* as मूर्खविदुषां बुद्धिसाम्यविषयः ?
(A) *Niyoga* (नियोग) (B) *Nirdesha* (निर्देश)
(C) *Nidarshanam* (निदर्शनम्) (D) *Nirvachanam* (निर्वचनम्)
42. According to *Vimanasthana*, Chapter 4 of *Charaka Samhita*, *Yoni* (योनि) of the *Roga* is.....
(A) *Shotra Pratyakshagamy Bhava* (B) *Chakshu Pratyakshagamy Bhava*
(श्रोत्र प्रत्यक्षगम्य भाव) (चक्षु प्रत्यक्षगम्य भाव)
(C) *Anumana gamya Bhava* (D) *Aptopadesha gamya Bhava*
(अनुमानगम्य भाव) (आप्तोपदेशगम्य भाव)
43. According to *Charaka Samhita*, which *Swapna* is fruitful (सफल) ?
(A) *Atidirgha* (अतिदीर्घ) (B) *Atihrasva* (अतिह्रस्व)
(C) *Bhavika* (भाविक) (D) *Divaswapna* (दिवास्वप्न)
44. National Institute of Indian Medical Heritage is situated at?
(A) Hyderabad (B) Chennai
(C) Bangalore (D) New Delhi
45. According to *Sushruta*, what is the correct definition of *Apadesha* (अपदेश) *Tantrayukti*?
(A) प्रकरणानुपूर्व्याऽभिहितं (B) अनेन कारणेन
(C) यत्प्रतिज्ञातार्थसाधनाय हेतुवचनं (D) यत् किञ्चिदेवार्थजातमुक्त्वाऽनुक्तार्थसाधनाय एवमन्यदपि प्रत्येतव्यमि
46. What is the treatment of *Vidagdhajirna* according to *Ashtanga Hridaya*?
(A) *Virechanam* (विरेचनम्) (B) *Divaswapna* for without eating
(अनाशितो दिवा शयीत)
(C) *Vamanam* (वमनम्) (D) *Langhanam* (लङ्घनम्)
47. यत्रैकदेशोदाहरणे क्रियमाणेऽनुक्तोऽन्योऽपि तज्जातीयकोऽर्थो लभ्यते...is the description of which of the following?
(A) *Avayava* (अवयव) (B) *Sansaktata* (संसक्तता)
(C) *Taddharmata* (तद्धर्मता) (D) *Sahachaya* (साहचर्य)
48. सर्वावस्थास्वनन्योऽहमहं स्रष्टा स्वभावसंसिद्धोऽहम.....is the feature of which of the following ?
(A) *Ahamkara* (अहंकार) (B) *Abhisamplava* (अभिसंप्लव)
(C) *Abhyavapata* (अभ्यवपात) (D) *Viparyaya* (विपर्यय)

49. **Statement:** *Laghu* (लघु), *Dipaniya* (दीपनीय) and *Natyaushnashita* (नात्युष्णशीत) diet is preferable after *Raktamokshana* (रक्तमोक्षण).

Reason: *Rakta* will be in unstable state after *Raktamokshana* (रक्तमोक्षण) and specifically *Agni* (अग्नि) is to be prevented.


- A. Statement and Reason both are correct and R is proper explanation for S
- B. Statement and Reason both are correct but R is not proper explanation for S
- C. Statement is incorrect, Reason is correct
- D. Statement and Reason both are incorrect.

50. In the context of the *Srotas* in the chapter "*Sroto Vimana*", what is the meaning of the word "*Avahanti*" (आवहन्ति) as per Chakrapani ?

- | | |
|----------------------------------|-------------------------------------|
| (A) <i>Ghatitani</i> (घटितानी) | (B) <i>Vahanti</i> (वहन्ति) |
| (C) <i>Pushyanti</i> (पुष्यन्ति) | (D) <i>Sambaddhani</i> (सम्बद्धानि) |

Rough work

GENERAL INSTRUCTIONS
Ph.D. Entrance Exam 2025
Institute of Teaching and Research in Ayurveda
Jamnagar, Gujarat – 361008

1. The written Test for 100 marks is consists of MCQs of one mark each.
2. There will be 1/4th negative marking for incorrect answer.
3. The duration of the entrance test is 90 minutes i.e. 09.30 AM to 11.00 AM
4. The candidates are instructed to fill their Roll no. in the respective columns of OMR sheet and on Question booklet carefully.
5. Candidates are advised to use **black ball pen** for filling the information columns and marking answers.
6. Correct Method for marking answers is 
7. After opening the question booklet; the candidate are instructed to confirm 1 to 50 MCQs in each booklet in a sequence. Any discrepancies in this regard should immediately be reported to the Room Supervisor / Examination Center Superintendent.
8. Candidates will not be allowed with Books, Notes, Bags, Mobiles, Pagers or any other type of electronic device inside the examination center.
9. Don't mark or write anything on the question booklet except on the page given for rough work.
10. If there is any ambiguity against the question, it should be submitted to the Examination Center Superintendent before 05:00 pm on the day of examination (3rd May, 2025); **after that no such complaint will be entertained.**
11. Answer Key, Result and Merit will be displayed on <https://itra.ac.in>. No separate mark sheets or call letter for interview will be posted.
12. Decision of 'Ph.D. Admission Committee' will be final in any discrepancy.