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Institute of Teaching and Research in Ayurveda

Ph.D. Entrance Examination - 2025

(3rd May 2025)

Paper - II

Subject	Roga Nidana Evam Vikriti Vigyana
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**For admission in
Ayurvedyavaridhi (Ph.D.-Ayurveda)**

**Conducted by:
Institute of Teaching and Research in Ayurveda
Jamnagar - 361008
Gujarat, India**

Note:

1. Candidates are instructed to **NOT TO OPEN** the question booklet till said to do so.
2. Candidates are advised to read the instructions provided at last page of this question booklet carefully, before answering the questions.

14

Roga Nidan Vikriti Vigyana

- As per Sushruta Samhita, *GatraSadana* is the symptom of _____ *Dhatu Kshaya*.
(A) रस (B) मांस
(C) मेद (D) मज्जा
- As per Madhava Nidana, सस्वेदश्च प्रबुध्यते is the characteristic feature of _____.
(A) पित्तजमूर्च्छा (B) रक्तजमूर्च्छा
(C) अपतन्त्रक (D) विषजमूर्च्छा
- As per Charak Samhita, श्वास, उच्छ्वास उपरोध, हिकका, पृष्ठ-कटिग्रह are the symptoms of *Antarvidradhi* of ____, ____, ____, and ____ respectively.
(A) यकृत, प्लीहा, नाभि, वृक्क (B) प्लीहा, नाभि, यकृत, वृक्क
(C) यकृत, नाभि, प्लीहा, वृक्क (D) वृक्क, नाभि, प्लीहा, यकृत
- As per Charaka Samhita, छर्दिःश्वासोऽरुचिस्तृष्णा ज्वरोऽतीसार एव च | सप्तकोऽयं सदौर्बल्यः are the *Upadrava* of _____.
(A) उदररोग (B) आवरण
(C) शोफ (D) हृद्रोग
- As per Charaka Samhita, below listed are *Vata Nanatmaja Vyadhi* EXCEPT _____.
(A) उरुस्तम्भ (B) विपादिका
(C) शङ्ख तोद (D) वेपथु
- As per Madhava Nidana, मूर्छान्निविद्वेषविलापदाहा रक्तेक्षणत्वं प्रततश्च शोषः | शीताभिनन्दा मुखतिक्तता च are the symptoms of _____.
(A) आमज तृष्णा (B) पित्तज तृष्णा
(C) विषज तृष्णा (D) संनिपताज तृष्णा
- As per Charaka Samhita, *Krishna* persons are more prone to develop below mentioned diseases EXCEPT _____.
(A) रक्तपित्त (B) गुल्म
(C) अर्श (D) उदररोग
- C peptide test is indicated for the confirmation of _____.
(A) Type of Diabetes (B) Liver parenchyma damage
(C) Lung carcinoma prognosis (D) Bone sarcoma
- The normal range for Glomerular Filtration Rate is _____ / ml/Min/1.73M². Fill in the blanks.
(A) 70 – 100 (B) 90 – 120
(C) 60 – 90 (D) 120 – 150
- As per Charaka Samhita, below mentioned person can take दिवास्वाप daily EXCEPT
(A) अध्ययनशील (B) अजीर्णि
(C) बाल (D) अपस्मार रोगी

11. Which among the below mentioned disease is **NOT** listed as *Santarpanajanya Vikara* as per Charaka Samhita?
 (A) कोठ (B) मुत्रकृच्छ
 (C) क्लैब्य (D) जलोदर
12. रक्ता सिता स्फोटचिता दारुणातु _____ भवेत्। Fill in the blanks.
 (A) अपचि (B) अलजी
 (C) अजगल्लिका (D) विपादिका
13. As per Bhela Samhita, ततो ज्वरोः अस्य बलवान् पाण्डुत्वं चापि जायते, श्वयथुश्च भवेदस्य ग्रहणी च प्रदुष्यति are the consequences of which of the following?
 (A) उदावर्त (B) गाढ पुरीष
 (C) उर्ध्ववात (D) कृरकोष्ठ
14. As per Charaka Samhita, अनुदीर्णावाछर्दिमुदीरयति, उदीर्णान्वातमूत्रपुरीषवेगान्निरुणद्धि is the cause of which among the below?
 (A) वातजअर्श (B) गुदभ्रंश
 (C) वातजअतिसार (D) वातजगुल्म
15. As per Charaka Samhita, कायच्छिद्रेषूपदेहः-----is पूर्वरूप of _____
 (A) वातरक्त (B) कुष्ठ
 (C) स्थौल्य (D) शोथ
16. Fill in the blank. As per Charaka Samhita, बहुक्लेदकण्डूक्रिमीणि is feature of _____ कुष्ठ.
 (A) मण्डल (B) पुण्डरीक
 (C) ऋष्यजिहव (D) सिद्धम
17. As per Charaka Samhita, *Ashuchi Bhojana* is considered as *Nidana* of below mentioned **EXCEPT** _____
 (A) आम (B) उन्माद
 (C) ज्वर (D) द्विष्टार्थछर्दि
18. As per Charaka Samhita, शुभगन्धंफुल्लपद्मवदन is the feature of _____ *Unmada*.
 (A) देव (B) गन्धर्व
 (C) पितृज (D) यक्ष
19. Fill in the blanks. ज्वरान्विता वङ्क्षणकक्षजाया वर्तिर्निरर्तिः कठिनायता च | _____ सा कफमारुताभ्यां
 (A) विदारिका (B) कक्षा
 (C) अजगल्ली (D) वङ्क्षणिका

20. _____ सर्वशरीरगास्तु स्फोटाः सरागज्वरतर्षयुक्ताः fill in the blanks.
 (A) विसर्पाः (B) विस्फोटकाः
 (C) ग्रन्थिः (D) शतारुः
21. As per Charaka Samhita, शुष्कवक्त्राकृशैःगात्रैः is the characteristic feature of _____
 (A) श्वास (B) स्रोतोरोध
 (C) उदररोग (D) अरिष्टलक्षण
22. As per Charaka Samhita, सहते नातिसौहित्यमीषत्शोफश्च पादयोः is the characteristic feature of what?
 (A) जलोदर (B) प्लीहोदर
 (C) उदररोग पुर्वरूप (D) शोथ पुर्वरूप
23. As per Charaka Samhita, which *Dosha* is dominant in *KardamaVisarpa*?
 (A) वायु-पित्त (B) पित्त – कफ
 (C) वायु - कफ (D) त्रिदोष
24. As per Bhela Samhita, यस्यातुरस्येह वाताद्वाताष्टिला विवर्धते, न संसरति चान्यत्र, on appearance of these symptoms , patient may die _____
 (A) Immediately (B) Within fortnight
 (C) Within one week (D) Within one month
25. As per Charaka Samhita, which among the below mentioned is **NOT** indicating of *Asadhyata* of *Sannipataja Jwara*?
 (A) अग्निनाश (B) प्रलाप
 (C) सर्व संपूर्ण लक्षण (D) दोषविबद्धत्व
26. According to Charaka Samhita, मृदुज्वर is a symptom of which of the below mentioned?
 (A) प्लीहोदर (B) जीर्णज्वर
 (C) राज्यक्षमा (D) धातुगतज्वर
27. भुक्ते कुक्षौ च रुग्जीर्णे शाम्यति....is the feature of which of the below mentioned condition?
 (A) गुदगतवात (B) आमशयगतवात
 (C) पुरीषावृतवात (D) अन्नावृतवात
28. As per Charaka Samhita, जीर्णे जीर्यति चाध्मानं भुक्ते स्वास्थ्यमुपैति च is the feature of which of the below mentioned condition?
 (A) पुरीषावृतवात (B) अन्नावृतवात
 (C) वातजग्रहणी (D) वातजअतिसार


29. प्रस्विद्यते च कण्डूमान् यो विरुद्धं च सेवते अविरेचनशीलश्च _____ स विनश्यति. Fill in the blanks.
- (A) कुष्ठेन (B) विसर्पेन
(C) वातरक्तेन (D) मूर्छायां
30. According to Charak Samhita, below mentioned are the cause for *Vataja Arsha* EXCEPT _____
- (A) व्यायाम (B) लङ्घन
(C) विबन्ध (D) शीतकाल
31. As per Charaka Samhita, which among the below mentioned *Taila* is considered as one of *Nidana* of *Pandu Roga* ?
- (A) प्रियाल (B) सर्षप
(C) तिल (D) कुसुम्भ
32. As per Bhela Samhita, to see the dreams like, 'dried and burnt trees' and flies and twigs in food is the *Purvaroop* of _____
- (A) विसर्प (B) यक्ष्मा
(C) तृष्णा (D) रक्तपित्त
33. As per Ashtang Hridaya, बस्तिमेहनतोद is considered as one of *Upadrava* of _____
- (A) वातजप्रमेह (B) पित्तज प्रमेह
(C) कफज प्रमेह (D) आवरणजन्य प्रमेह
34. As per Madhava Nidana, in a patient of *Sthaulya*, *Meda* gets deposited at which part of the body?
- (A) उदर (B) उरू
(C) स्तन (D) पृष्ठ
35. कालो भूतोपघातश्च ज्ञातव्याः क्षयहेतवः what is the meaning of the word *Bhootopaghata* as per Chakrapani in context of causative factors for *OjaKshaya*?
- (A) पिशाचादिउपघात (B) सूक्ष्मजीव
(C) कृमिसंघात (D) अदृश्यशक्ति
36. Which among the following is considered as *Lakshya Nimitta Vikriti* as per Chakrapani?
- (A) नित्यग कालानुबन्धि (B) प्रेतलक्षण
(C) वातादिप्रकोपरूपा (D) दैवनिमित्तानि बोधकमात्राणि
37. As per Charaka Samhita, क्रिमिकोष्ठोऽतिसार्येत मलं सासृक् कफान्वितम् is the features of which among the following?
- (A) संनिपातज ग्रहणी (B) मृद्भक्षणजन्य पाण्डु
(C) कफज अतिसार (D) पित्तजअर्श

38. Fill in the blanks. As per Charaka Samhita, प्राणोदकान्नवाहीनि स्रोतांसि सकफोऽनिलः is mentioned in regards of _____.
 (A) श्वास (B) कास
 (C) तृषा (D) हिक्का
39. Polymerase Chain Reaction method is **NOT** indicated for which among the below mentioned investigation?
 (A) To study bone marrow engraftment (B) Diagnosis and follow up of cancer
 (C) Protein detection and quantification (D) Study of gene mapping
40. श्रान्तस्य निःश्वासविनिग्रह is the cause of below mentioned disease **EXCEPT** _____.
 (A) हृद्रोग (B) मोह
 (C) बाधिर्य (D) गुल्म
41. As per Charaka Samhita, *Divaswapna* and *Ratrijagarana* both are considered as *Nidana* of below mentioned condition **EXCEPT** _____.
 (A) उरुस्तम्भ (B) वातव्याधि
 (C) पाण्डु (D) वातरक्त
42. As per Charaka Samhita, आशुअग्निबलक्षय is characteristic feature of _____.
 (A) गम्भीरवातरक्त (B) आभ्यन्तरविद्रधि
 (C) आभ्यन्तरविसर्प (D) रक्तार्बुद
43. Melondaldehyde (MDA) marker is indicator of below mentioned **EXCEPT** _____.
 (A) Overall Health Status (B) Tumour formation
 (C) Inflammatory process (D) Degenerative process
44. Kehr's sign is observed in which of the following condition?
 (A) Haemorrhagic pancreatitis (B) Ruptured spleen
 (C) Ruptured ectopic pregnancy (D) Ruptured abdominal aortic aneurysm
45. As per Charaka Samhita, *UpahataMana* has been considered as one of initial cause for which of the following disease?
 (A) अजीर्ण (B) अतत्वाभिनिवेश
 (C) अतिसार (D) ग्रहणी
46. As per Acharya Sushruta, which among the below mentioned *Dushti* is responsible for *Sthaulya*?
 (A) रस (B) मांस
 (C) मेद (D) मज्जा

47. As per Acharya Charaka, suppression of below mentioned urges is one of cause for *NeejaShotha* **EXCEPT**_____
- (A) छर्दि (B) तृषा
(C) शुक्र (D) पुरीष
48. Which among the following is unconjugated protein?
- (A) Lipoprotein (B) Glutenin
(C) Phosphoprotein (D) Haemoprotein
49. बस्तौ वाऽप्यथवा नाले मणौ वा यस्य देहिनः। मूत्रं प्रवृत्तं सज्जेत सरक्तं वा प्रवाहतः ॥
स्रवेच्छनैरल्पमल्पं सरुजं वाऽथ नीरुजम्। विगुणानिलजो व्याधिः is related to _____.
- (A) मूत्रातीत (B) मूत्रोत्सङ्ग
(C) उष्णवात (D) मूत्रसाद
50. According to Harita Samhita, which *Prakriti* person is more prone to develop *KshayaVyadhi*?
- (A) वात (B) पित्त
(C) कफ - पित्त (D) वात — कफ

Rough Work

GENERAL INSTRUCTIONS
Ph.D. Entrance Exam 2025
Institute of Teaching and Research in Ayurveda
Jamnagar, Gujarat – 361008

1. The written Test for 100 marks is consists of MCQs of one mark each.
2. There will be $1/4^{\text{th}}$ negative marking for incorrect answer.
3. The duration of the entrance test is 90 minutes i.e. 09.30 AM to 11.00 AM
4. The candidates are instructed to fill their Roll no. in the respective columns of OMR sheet and on Question booklet carefully.
5. Candidates are advised to use **black ball pen** for filling the information columns and marking answers.
6. Correct Method for marking answers is 
7. After opening the question booklet; the candidate are instructed to confirm 1 to 50 MCQs in each booklet in a sequence. Any discrepancies in this regard should immediately be reported to the Room Supervisor / Examination Center Superintendent.
8. Candidates will not be allowed with Books, Notes, Bags, Mobiles, Pagers or any other type of electronic device inside the examination center.
9. Don't mark or write anything on the question booklet except on the page given for rough work.
10. If there is any ambiguity against the question, it should be submitted to the Examination Center Superintendent before 05:00 pm on the day of examination (3rd May, 2025); **after that no such complaint will be entertained.**
11. Answer Key, Result and Merit will be displayed on <https://itra.ac.in>. No separate mark sheets or call letter for interview will be posted.
12. Decision of 'Ph.D. Admission Committee' will be final in any discrepancy.